

2nd Annual **POCONOS' WURST 5K TRAIL RUN** - July 18, 2010

Results by Bib Number

<i>Place</i>	<i>Time</i>	<i>Bib #</i>	<i>First Name</i>	<i>Last Name</i>	<i>Age</i>	<i>Gender</i>
114	35:13	170	Peta-Gay	Allen	29	Female
18	24:14	171	Sherwood	Altemose	54	Male
117	35:54	172	Kimmy	Anderson	20	Female
60	29:41	173	Mary	Baker	53	Female
22	24:58	174	Steven	Barley	32	Male
48	28:41	175	Matthew	Bender	38	Male
11	23:04	176	Stephanie	Bender	29	Female
131	38:08	177	Ann	Biffen	51	Female
189	57:51	178	Ashley	Blose	22	Female
152	43:05	179	Roseanne	Bottone	53	Female
145	41:01	180	Rhonda	Brandolino	48	Female
58	29:39	181	Brandon	Briggs	1	Male
63	29:48	182	Juliette	Caines	54	Female
43	28:14	183	Dion	Campbell	50	Male
71	30:52	184	Carmen	Campione	48	Female
16	23:52	185	Wayne	Carlson	57	Male
	-	186	Raymond	Caswell	67	Male
115	35:21	187	Monica	Caswell	65	Female
	-	188	Brian	Coburn	21	Male
	-	189	Rachel	Cohen	36	Female
5	21:13	190	Joshua	Conklin	26	Male
134	38:46	191	Allison	Conklin	25	Female
10	22:55	192	William	Coolbaugh	30	Male
56	29:32	193	Michelle	Coolbaugh	28	Female
86	31:45	194	Mike	Correll	42	Male
68	30:18	195	Jade	Countryman	25	Female
159	44:59	196	Heather	Craig	32	Female
3	20:50	197	Robert	Cunningham	30	Male
49	28:54	198	Danielle	Cunningham	36	Female
143	40:41	199	Steffanie	Davidson	26	Female
104	33:46	200	Amy	Davis	39	Female
165	48:12	201	Colleen	Dowd	36	Female
33	27:23	202	Eric	Fernandez	29	Male
28	26:21	203	Scott	Finkbeiner	30	Male
	-	204	Jill	Fisher	35	Female
158	44:42	205	Miri	Frankel	30	Female
	-	206	Scott	Gately	39	Male
118	36:33	207	Caralee	Girven	36	Female
83	31:30	208	Gil	Gonzalez	40	Male
53	29:19	209	Derek	Gorman	30	Male
149	42:26	210	Kris	Hall	32	Female
182	54:14	211	Gene	Halterman	63	Male
185	55:23	212	Janice	Halterman	59	Female
51	29:10	213	Michelle	Harnish	34	Female
64	29:53	214	Eileen M.	Hartmann	46	Female
153	43:30	215	John	Hetherington	79	Male
122	37:19	216	Rose	Hewitt	40	Female
123	37:19	217	Bob	Hewitt	40	Male
110	34:43	218	Natalie	Hogan	25	Female
80	31:16	219	Akiko	Holmes	43	Female
45	28:33	220	Cameron	Huffman	33	Male
67	30:16	221	Crystal	Illigasch	23	Female
130	38:06	222	Holly	Illigasch	24	Female

99	32:52	223	Kuntz	Jenny	31	Female
98	32:50	224	Judy	Johnson	51	Female
38	27:56	225	Amanda	Johnson	20	Female
106	33:50	226	Melissa	Kaiser	24	Female
95	32:22	227	Joy	Kirk	33	Female
87	31:48	228	Katelynn	Krieger	10	Female
4	21:10	229	Alex	Larkin	15	Male
177	52:25	230	Nicole	Letinski	28	Female
181	54:09	231	Elizabeth	Lord	31	Female
139	39:34	232	Chris	Lucas	25	Male
146	41:18	233	Cynthia	Mackin	51	Female
166	48:36	234	Andrea	Magat	24	Female
121	36:52	235	Lisa	Magill	32	Female
	-	236	Amanda	McBride	21	Female
47	28:35	237	Kelly	McDermott	23	Female
31	27:09	238	Robert	McDonald	72	Male
119	36:38	239	Melissa	McKenna	24	Female
	-	240	Murat	McKeown	26	Male
178	52:25	241	Daniel	Melvin	32	Male
21	24:56	242	Robert	Miller	54	Male
88	31:52	243	Louis	Mondello	53	Male
151	42:35	244	Karen	Montovano	44	Female
167	48:36	245	Mary	Moore	24	Female
105	33:46	246	Darlene	Mostellar	48	Female
77	31:12	247	Teddy	Mostellar	11	Male
13	23:16	248	Mark	Motyka	28	Male
66	30:15	249	Eddie	O'Connor	60	Male
52	29:17	250	Kirk	Oswald	58	Male
132	38:08	251	Lynn	Pappalardo	54	Female
9	22:50	252	Stephen	Pawliw	22	Male
44	28:22	253	Kimberlee	Pedersen	27	Female
150	42:26	254	Jenny	Pierce	51	Female
140	39:38	255	Krista	Poliskiewicz	27	Female
35	27:49	256	Richard	Price Jr.	56	Male
129	37:56	257	William	Prystauk	45	Male
126	37:46	258	Cheryl	Prystauk	49	Female
113	35:09	259	Michelle	Purcell	38	Female
70	30:47	260	Lorie	Rehrig	39	Female
137	39:31	261	Alicia	Riesle	22	Female
2	20:48	262	Jeremy	Rigotti	16	Male
120	36:51	263	Linda	Roberts	54	Female
55	29:26	264	Anibal	Rosado	50	Male
54	29:23	265	Nicholas	Rosado	18	Male
81	31:21	266	Lisa	Rusk	37	Female
176	51:42	267	Victoria M	Smith	46	Female
112	35:08	268	Michael A	Smith	64	Male
7	21:55	269	Matthew	Stopa	22	Male
62	29:43	270	Suzanne	Taranto	39	Female
72	30:57	271	Kate	Thompson	29	Female
50	29:09	272	Mandy	Tust	29	Female
46	28:34	273	Emily-Louise	Vail	13	Female
194	1:02:10	274	Charles	Vail	48	Male
195	1:07:11	275	Christopher	Vail	18	Male
108	34:02	276	Marilyn	Valenciano	33	Female
162	46:24	277	Cesar	Valenciano	35	Male
102	33:41	278	Jessica	Vanatta	26	Female
	-	279	Linda	Verwey	56	Female
61	29:42	280	Teresa	Vito	42	Female

15	23:38	281	Jennifer	Welch	39	Female
128	37:48	282	Michael	Westerman	33	Male
40	28:02	283	Jacob	Westerman	11	Male
127	37:47	284	Zachary	Westerman	7	Male
174	49:44	285	Nancy	White	48	Female
188	57:50	286	Paula	Whitesell	43	Female
170	49:24	287	Deana	Ahmed	9	Female
187	56:12	288	Donna	Anzalone	47	Female
186	56:09	289	Matt	Anzalone	11	Male
133	38:43	290	Sophia	Caparusso	9	Female
157	44:41	291	Victoria	Deihl	12	Female
172	49:30	292	Delores	Everett	45	Female
155	43:52	293	Alyssa	Everett	13	Female
103	33:45	294	Jared	Everett	9	Male
	-	295	Winnai	Hoyt	9	Female
144	40:55	296	Maci	Kendrick	12	Female
171	49:24	297	Lia	Parker	8	Female
169	49:23	298	Madeline	Regenye	9	Female
75	31:08	299	Kelly	Swartout	40	Female
74	31:07	300	Eva	Swartout	14	Female
179	52:30	301	Tessa	Whitely	9	Female
25	25:44	302	Cindy	Batzel	37	Female
12	23:14	303	Frank	Brown	53	Male
65	29:54	304	Johnny	Valencia	27	Male
30	27:08	305	Ray	Molina	76	Male
20	24:44	306	Tom	Mullen	53	Male
93	32:15	307	Jahzeel	Hernandez	28	Female
111	35:06	308	Teray	Tucker	24	Male
107	33:52	309	Rachel	Bennett	38	Female
94	32:18	310	Ron	Bennett	42	Male
190	58:19	311	Maureen	Bennett	36	Female
191	58:20	312	Denise	Cordeio-Bennett	54	Female
24	25:31	313	Lewis	Cherville	35	Male
175	51:41	314	Mary	Sharo	54	Female
184	55:14	315	Kevin	Smith	22	Male
183	55:13	316	Stephanie	Umphrey	21	Female
160	45:27	317	Roger	Umphrey	49	Male
116	35:22	318	Michael	Liberman	66	Male
90	32:04	319	Lisa	Flory	45	Female
36	27:49	320	Jacob	Flory	18	Male
19	24:31	321	Mason	Byrne	14	Male
100	33:25	322	Elizabeth	Moyna	14	Female
78	31:13	323	Mark	Moyna	7	Male
57	29:38	324	Otto	Pinelli	65	Male
84	31:43	325	Brad	Parady	41	Male
85	31:44	326	Zach	Parady	14	Male
39	28:01	327	Andrew	Zellner	33	Male
96	32:43	328	Michelle	Mendez	19	Female
109	34:37	329	Consuelo	Corrales	49	Female
32	27:15	330	Jacob	Rogers	30	Male
29	26:57	331	Jim	Smith	62	Male
161	45:54	332	Nancy	Smith	59	Female
142	40:19	333	Pedro	Sosci	20	Male
73	31:00	334	William A.	Coolbaugh	68	Male
92	32:13	335	Lach	Peeke	13	Male
34	27:48	336	Peter	Bank	16	Male
76	31:12	337	Lach	Peeke	47	Male
89	31:57	338	Frank	Gaval	63	Male

154	43:31	339	Chris	Bobbins	59	Male
14	23:20	340	Jason	Marshall	15	Male
	-	341	Ryan	Marshall	9	Male
141	40:11	342	Alyson	Marshall	12	Female
180	52:33	343	MaryEllen	Whiteley	46	Female
59	29:40	344	Greg	Yeager	40	Male
6	21:33	345	Matt	Walsh	28	Male
17	23:59	346	Bill	Lawrence	51	Male
8	22:33	347	Joe	Walsh	55	Male
147	41:21	348	Chris	Marshall	41	Female
26	26:15	349	Helene	Strutko	31	Female
91	32:10	350	Caroline	Rusk	23	Female
173	49:40	351	Haley	White	10	Female
37	27:52	352	Helene	Scarnegi	43	Female
69	30:30	353	Cody	Herhein	19	Male
27	26:17	354	Aileen	O'Rourke	46	Female
156	43:52	355	Madeleine	Hughes	14	Female
1	18:22	356	George	Fair	41	Male
41	28:03	357	Bryden	Fair	9	Male
164	47:03	358	Sidney	Lang	10	Female
97	32:49	359	Valerie	Price	49	Female
23	25:27	360	Peter	Terranova	60	Male
79	31:13	361	Micaela	Rodas	13	Female
124	37:38	362	Jerry	Hennessy	45	Male
125	37:42	363	Michele	Hennessy	43	Female
138	39:32	364	Dana	Whitby	54	Female
196	1:07:14	365	Rod	Hasker	64	Male
42	28:10	366	Steve	Martin	53	Male
193	58:54	367	Jennifer	Srenaski	31	Female
136	38:50	368	Jim	Caporusso	45	Male
101	33:39	369	Chris	Scarponi	46	Male
168	48:53	370	Michelle	Delastonge	49	Female
192	58:53	371	Reeve	Kelly	30	Female
135	38:48	372	Kelly	Kelly	34	Female
82	31:26	373	Brian	Kelly	41	Male
148	41:34	374	Susan	Kinirons	45	Female
163	46:56	375	Krista	Kinirons	38	Female

2nd Annual **POCONOS' WURST 5K TRAIL RUN** - July 18, 2010

Results by Finish Time / Overall Place

<i>Place</i>	<i>Time</i>	<i>Bib #</i>	<i>First Name</i>	<i>Last Name</i>	<i>Age</i>	<i>Gender</i>
1	18:22	356	George	Fair	41	Male
2	20:48	262	Jeremy	Rigotti	16	Male
3	20:50	197	Robert	Cunningham	30	Male
4	21:10	229	Alex	Larkin	15	Male
5	21:13	190	Joshua	Conklin	26	Male
6	21:33	345	Matt	Walsh	28	Male
7	21:55	269	Matthew	Stopa	22	Male
8	22:33	347	Joe	Walsh	55	Male
9	22:50	252	Stephen	Pawliw	22	Male
10	22:55	192	William	Coolbaugh	30	Male
11	23:04	176	Stephanie	Bender	29	Female
12	23:14	303	Frank	Brown	53	Male
13	23:16	248	Mark	Motyka	28	Male
14	23:20	340	Jason	Marshall	15	Male
15	23:38	281	Jennifer	Welch	39	Female
16	23:52	185	Wayne	Carlson	57	Male
17	23:59	346	Bill	Lawrence	51	Male
18	24:14	171	Sherwood	Altemose	54	Male
19	24:31	321	Mason	Byrne	14	Male
20	24:44	306	Tom	Mullen	53	Male
21	24:56	242	Robert	Miller	54	Male
22	24:58	174	Steven	Barley	32	Male
23	25:27	360	Peter	Terranova	60	Male
24	25:31	313	Lewis	Cherville	35	Male
25	25:44	302	Cindy	Batzel	37	Female
26	26:15	349	Helene	Strutko	31	Female
27	26:17	354	Aileen	O'Rourke	46	Female
28	26:21	203	Scott	Finkbeiner	30	Male
29	26:57	331	Jim	Smith	62	Male
30	27:08	305	Ray	Molina	76	Male
31	27:09	238	Robert	McDonald	72	Male
32	27:15	330	Jacob	Rogers	30	Male
33	27:23	202	Eric	Fernandez	29	Male
34	27:48	336	Peter	Bank	16	Male
35	27:49	256	Richard	Price Jr.	56	Male
36	27:49	320	Jacob	Flory	18	Male
37	27:52	352	Helene	Scarnegi	43	Female
38	27:56	225	Amanda	Johnson	20	Female
39	28:01	327	Andrew	Zellner	33	Male
40	28:02	283	Jacob	Westerman	11	Male
41	28:03	357	Bryden	Fair	9	Male
42	28:10	366	Steve	Martin	53	Male
43	28:14	183	Dion	Campbell	50	Male
44	28:22	253	Kimberlee	Pedersen	27	Female
45	28:33	220	Cameron	Huffman	33	Male
46	28:34	273	Emily-Louise	Vail	13	Female
47	28:35	237	Kelly	McDermott	23	Female
48	28:41	175	Matthew	Bender	38	Male
49	28:54	198	Danielle	Cunningham	36	Female
50	29:09	272	Mandy	Tust	29	Female
51	29:10	213	Michelle	Harnish	34	Female
52	29:17	250	Kirk	Oswald	58	Male

53	29:19	209	Derek	Gorman	30	Male
54	29:23	265	Nicholas	Rosado	18	Male
55	29:26	264	Anibal	Rosado	50	Male
56	29:32	193	Michelle	Coolbaugh	28	Female
57	29:38	324	Otto	Pinelli	65	Male
58	29:39	181	Brandon	Briggs	1	Male
59	29:40	344	Greg	Yeager	40	Male
60	29:41	173	Mary	Baker	53	Female
61	29:42	280	Teresa	Vito	42	Female
62	29:43	270	Suzanne	Taranto	39	Female
63	29:48	182	Juliette	Caines	54	Female
64	29:53	214	Eileen M.	Hartmann	46	Female
65	29:54	304	Johnny	Valencia	27	Male
66	30:15	249	Eddie	O'Connor	60	Male
67	30:16	221	Crystal	Illigasch	23	Female
68	30:18	195	Jade	Countryman	25	Female
69	30:30	353	Cody	Herhein	19	Male
70	30:47	260	Lorie	Rehrig	39	Female
71	30:52	184	Carmen	Campione	48	Female
72	30:57	271	Kate	Thompson	29	Female
73	31:00	334	William A.	Coolbaugh	68	Male
74	31:07	300	Eva	Swartout	14	Female
75	31:08	299	Kelly	Swartout	40	Female
76	31:12	337	Lach	Peeke	47	Male
77	31:12	247	Teddy	Mostellar	11	Male
78	31:13	323	Mark	Moyna	7	Male
79	31:13	361	Micaela	Rodas	13	Female
80	31:16	219	Akiko	Holmes	43	Female
81	31:21	266	Lisa	Rusk	37	Female
82	31:26	373	Brian	Kelly	41	Male
83	31:30	208	Gil	Gonzalez	40	Male
84	31:43	325	Brad	Parady	41	Male
85	31:44	326	Zach	Parady	14	Male
86	31:45	194	Mike	Correll	42	Male
87	31:48	228	Katelynn	Krieger	10	Female
88	31:52	243	Louis	Mondello	53	Male
89	31:57	338	Frank	Gaval	63	Male
90	32:04	319	Lisa	Flory	45	Female
91	32:10	350	Caroline	Rusk	23	Female
92	32:13	335	Lach	Peeke	13	Male
93	32:15	307	Jahzeel	Hernandez	28	Female
94	32:18	310	Ron	Bennett	42	Male
95	32:22	227	Joy	Kirk	33	Female
96	32:43	328	Michelle	Mendez	19	Female
97	32:49	359	Valerie	Price	49	Female
98	32:50	224	Judy	Johnson	51	Female
99	32:52	223	Kuntz	Jenny	31	Female
100	33:25	322	Elizabeth	Moyna	14	Female
101	33:39	369	Chris	Scarponi	46	Male
102	33:41	278	Jessica	Vanatta	26	Female
103	33:45	294	Jared	Everett	9	Male
104	33:46	200	Amy	Davis	39	Female
105	33:46	246	Darlene	Mostellar	48	Female
106	33:50	226	Melissa	Kaiser	24	Female
107	33:52	309	Rachel	Bennett	38	Female
108	34:02	276	Marilyn	Valenciano	33	Female
109	34:37	329	Consuelo	Corrales	49	Female

110	34:43	218	Natalie	Hogan	25	Female
111	35:06	308	Teray	Tucker	24	Male
112	35:08	268	Michael A	Smith	64	Male
113	35:09	259	Michelle	Purcell	38	Female
114	35:13	170	Peta-Gay	Allen	29	Female
115	35:21	187	Monica	Caswell	65	Female
116	35:22	318	Michael	Liberman	66	Male
117	35:54	172	Kimmy	Anderson	20	Female
118	36:33	207	Caralee	Girven	36	Female
119	36:38	239	Melissa	McKenna	24	Female
120	36:51	263	Linda	Roberts	54	Female
121	36:52	235	Lisa	Magill	32	Female
122	37:19	216	Rose	Hewitt	40	Female
123	37:19	217	Bob	Hewitt	40	Male
124	37:38	362	Jerry	Hennessy	45	Male
125	37:42	363	Michele	Hennessy	43	Female
126	37:46	258	Cheryl	Prystauk	49	Female
127	37:47	284	Zachary	Westerman	7	Male
128	37:48	282	Michael	Westerman	33	Male
129	37:56	257	William	Prystauk	45	Male
130	38:06	222	Holly	Illigasch	24	Female
131	38:08	177	Ann	Biffen	51	Female
132	38:08	251	Lynn	Pappalardo	54	Female
133	38:43	290	Sophia	Caparusso	9	Female
134	38:46	191	Allison	Conklin	25	Female
135	38:48	372	Kelly	Kelly	34	Female
136	38:50	368	Jim	Caporusso	45	Male
137	39:31	261	Alicia	Riesle	22	Female
138	39:32	364	Dana	Whitby	54	Female
139	39:34	232	Chris	Lucas	25	Male
140	39:38	255	Krista	Poliskiewicz	27	Female
141	40:11	342	Alyson	Marshall	12	Female
142	40:19	333	Pedro	Sosci	20	Male
143	40:41	199	Steffanie	Davidson	26	Female
144	40:55	296	Maci	Kendrick	12	Female
145	41:01	180	Rhonda	Brandolino	48	Female
146	41:18	233	Cynthia	Mackin	51	Female
147	41:21	348	Chris	Marshall	41	Female
148	41:34	374	Susan	Kinirons	45	Female
149	42:26	210	Kris	Hall	32	Female
150	42:26	254	Jenny	Pierce	51	Female
151	42:35	244	Karen	Montovano	44	Female
152	43:05	179	Roseanne	Bottone	53	Female
153	43:30	215	John	Hetherington	79	Male
154	43:31	339	Chris	Bobbins	59	Male
155	43:52	293	Alyssa	Everett	13	Female
156	43:52	355	Madeleine	Hughes	14	Female
157	44:41	291	Victoria	Deihl	12	Female
158	44:42	205	Miri	Frankel	30	Female
159	44:59	196	Heather	Craig	32	Female
160	45:27	317	Roger	Umpfrey	49	Male
161	45:54	332	Nancy	Smith	59	Female
162	46:24	277	Cesar	Valenciano	35	Male
163	46:56	375	Krista	Kinirons	38	Female
164	47:03	358	Sidney	Lang	10	Female
165	48:12	201	Colleen	Dowd	36	Female
166	48:36	234	Andrea	Magat	24	Female

167	48:36	245	Mary	Moore	24	Female
168	48:53	370	Michelle	Delastonge	49	Female
169	49:23	298	Madeline	Regenye	9	Female
170	49:24	287	Deana	Ahmed	9	Female
171	49:24	297	Lia	Parker	8	Female
172	49:30	292	Delores	Everett	45	Female
173	49:40	351	Haley	White	10	Female
174	49:44	285	Nancy	White	48	Female
175	51:41	314	Mary	Sharo	54	Female
176	51:42	267	Victoria M	Smith	46	Female
177	52:25	230	Nicole	Letinski	28	Female
178	52:25	241	Daniel	Melvin	32	Male
179	52:30	301	Tessa	Whitely	9	Female
180	52:33	343	MaryEllen	Whiteley	46	Female
181	54:09	231	Elizabeth	Lord	31	Female
182	54:14	211	Gene	Halterman	63	Male
183	55:13	316	Stephanie	Umphrey	21	Female
184	55:14	315	Kevin	Smith	22	Male
185	55:23	212	Janice	Halterman	59	Female
186	56:09	289	Matt	Anzalone	11	Male
187	56:12	288	Donna	Anzalone	47	Female
188	57:50	286	Paula	Whitesell	43	Female
189	57:51	178	Ashley	Blose	22	Female
190	58:19	311	Maureen	Bennett	36	Female
191	58:20	312	Denise	Cordeio-Bennett	54	Female
192	58:53	371	Reeve	Kelly	30	Female
193	58:54	367	Jennifer	Srenaski	31	Female
194	1:02:10	274	Charles	Vail	48	Male
195	1:07:11	275	Christopher	Vail	18	Male
196	1:07:14	365	Rod	Hasker	64	Male
	-	186	Raymond	Caswell	67	Male
	-	188	Brian	Coburn	21	Male
	-	189	Rachel	Cohen	36	Female
	-	204	Jill	Fisher	35	Female
	-	206	Scott	Gately	39	Male
	-	236	Amanda	McBride	21	Female
	-	240	Murat	McKeown	26	Male
	-	279	Linda	Verwey	56	Female
	-	295	Winnai	Hoyt	9	Female
	-	341	Ryan	Marshall	9	Male